

WMAAPP

Western Massachusetts and Albany
Association for Psychoanalytic Psychology

presents:

Anton Hart, Ph.D.

Engaging Racial and Other Diversities in the Psychoanalytic Process: the Central Roles of Radical Openness and Curiosity

Saturday October 14, 2017

**9:00 am – Registration/Coffee
9:30 am – 12 pm – Presentation**

location:

The Red Lion Inn

**For directions:
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PROGRAM REGISTRATION—Engaging Racial and Other Diversities—October 14, 2017
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PROGRAM FEE: WMAAPP Member \$20.00
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Graduate Students with ID Free of Charge
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To pre-register, make check payable to:
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WMAAPP Membership Dues: Full \$60.00
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TOTAL ENCLOSED: \$ _____

Membership period: January 1, 2018- December 31, 2018

Registration is available at the door and online @ www.wmaapp.org

Registration—9:00 am
Presentation—9:30 am—12:00 pm

About the Presenter

Anton H. Hart, Ph.D., FABP, is a Training and Supervising Analyst and on the Faculty of the William Alanson White Institute in New York City. He is a member of the International Psychoanalytical Association (IPA) and the American Psychoanalytic Association (APsaA), where he is the Chair of the Section on the Diversities of the Department of Psychoanalytic Education. A Fellow of the American Board of Psychoanalysis, he supervises at Teachers College, Columbia University and at the Derner Institute of Adelphi University. He is a member of the Editorial Boards of the journals *Psychoanalytic Psychology* and *Contemporary Psychoanalysis*. He teaches in the Department of Psychology at Mt. Sinai/St. Luke's-Roosevelt Hospital, at the Institute for Contemporary Psychotherapy, and at the National Institute for the Psychotherapies. He has published papers on issues of mutuality, disruption and safety, and on issues of otherness, diversity and racism. He served as Associate Co-producer for the film, "Black Psychoanalysts Speak," in which he was also featured. He is Co-founder of the White Institute's Study Group on Race and Psychoanalysis, now in its third year. He is completing a book, to be published by Routledge, entitled, *Beyond Oaths or Codes: toward Relational Psychoanalytic Ethics*. He is in full-time private practice in New York City.

Topic

Starting from the premise that racial, ethnic and other forms of discrimination and negation represent dissociative defenses involving a profound failure of curiosity, this presentation addresses issues of difference and "othering" as they emerge and might be taken up in the psychoanalytic psychotherapeutic situation. We will examine both the resistances to, and the necessity for, psychoanalytic engagement and prioritization of issues of diversity and the experience of otherness, even as both patient and psychotherapist may not believe such issues play a central role in their identities or their lives. Anxieties associated with authentic, curious, exploratory dialogue pertaining to difference and otherness will be identified. A clinical stance involving the psychotherapist's *radial openness*, a stance that involves willingness to lose cherished, securing aspects of oneself in the process of an undefended psychoanalytic exchange, will be described.

Learning Objectives

After attending this intermediate-level program, participants will be able:

1. To construct an understanding of the anxieties associated with engaging issues of diversity, difference and otherness.
2. To outline the central roles of curiosity and radical openness as antidotes to cultural ignorance and insensitivity, and be able to cultivate such qualities in themselves and in their patients.
3. To describe pitfalls and breakdowns that can occur in diversity-related explorations and find ways to use these in the service of the restoration of open dialogue.
4. To compare contrasting approaches to the diversities in the psychoanalytic psychotherapeutic process between those based on multicultural competency and those based on curiosity and openness.

Sponsorship and Continuing Education

2.5 CE credits are available to psychologists and psychoanalysts, and 2.5 CE credits will be provided for LMHCs. Social workers seeking continuing education credits should contact Cindy Racine (cindyracine66@yahoo.com or 413-446-9529) for status of the application for continuing education credits.

Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content.

Division 39 is committed to accessibility and non-discrimination in its continuing education activities. Division 39 is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during the discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns or any complaints to Moi Wurgaft, Ph.D., LMHC at 413-230-7027.

WMAAPP is the local chapter of Division 39 (Psychoanalysis) of the American Psychological Association. WMAAPP is committed to following APA ethical guidelines.

Bibliography

Gadamer, H.G. (1975/2004). *Truth and Method*. London: Continuum.

Hart, A. (2017). From multicultural competence to radical openness: A psychoanalytic engagement of otherness, *The American Psychoanalyst*, 50(5).

Holmes, D.E. (2017). The fierce urgency of now: An appeal to organized psychoanalysis to publicly take a stand on race, *The American Psychoanalyst*, 50(5).

Stoute, B. (2017). Race and racism in psychoanalytic thought: Examining the ghosts in our nursery, *The American Psychoanalyst*, 50(5).

Winograd, B. (2014). "Black Psychoanalysts Speak". PEP Video Grants.