



“Psychodynamic Psychotherapy: One Clinical Process Considered From Multiple Theoretical Perspectives”

A Clinical Program and Virtual Open House Co-sponsored by WMAAPP and PGFP-West

Panelists:

David Levit, Ph.D., ABPP, Stacey Novack, Psy.D., and Moi Wurgaft, Ph.D., LMHC
Saturday, June 4, 2022

9:50 am - Zoom Gathering

10:00 am – 12:30 pm

Presentation

Location: Zoom:

DESCRIPTION OF EVENT:

We are offering an exciting program on psychodynamic therapy with a panel of senior psychotherapists and psychoanalysts. One member of the panel will present clinical material based on their work with a client. The other two panelists will then discuss the clinical process, each from a specific theoretical vantage point – Relational, and Winnicottian. There will be time for Q and A from the audience with the panel. Following the clinical program, there will be brief presentations about WMAAPP and PGFP-West for those interested in learning more about these two educational programs centered in Western Massachusetts.

WMAAPP is the Western Massachusetts and Albany Association for psychoanalytic psychology.

PGFP-West is the Postgraduate Fellowship-West, in affiliation with the Massachusetts Institute for Psychoanalysis.

PANELISTS:

David Levit, Ph.D., ABPP, SEP is a Psychologist, Board Certified in Psychoanalysis and in Clinical Psychology. He is a Fellow at the American Board and Academy of Psychoanalysis and a Fellow at the American Academy of Clinical Psychology. He is an SEP (Somatic Experiencing Practitioner). His current faculty positions are: Faculty and Supervising Analyst, Massachusetts Institute for Psychoanalysis (MIP); Co-founder, Chair, and Faculty, MIP Postgraduate Fellowship Program-West; Instructor in Psychiatry, University of Massachusetts Medical School. His private practice is in Amherst, MA. He provides individual psychotherapy and psychoanalysis for adults and consultation for colleagues.

Moshe Wurgaft, Ph.D., LMHC has practiced psychodynamic psychotherapy in both inpatient and outpatient settings for over 25 years. He completed his clinical psychology training at the Hebrew University of Jerusalem, Israel, and relocated to the United States in 2002. He worked for eight years in a bilingual community mental health setting in Springfield, MA, where he practiced individual, group and family therapy, and co-directed their LMHC internship training program. In 2012 he completed the Massachusetts Institute for Psychoanalysis-West (MIP-West) two-year Fellowship Program, and from 2017 to 2019 he served as the president of the Western Massachusetts and Albany Association for Psychoanalytic Psychology (WMAAPP). Dr. Wurgaft has been in private practice in Amherst, MA since 2006.

Stacey Novack, Psy.D. is a Clinical Psychologist and psychoanalyst. She completed her doctoral training at Yeshiva University in Bronx, NY in 2006 and subsequently relocated to the pioneer valley, where she worked for many years in community mental health and private practice. Dr. Novack is a graduate and faculty member of the Massachusetts Institute of Psychoanalysis (MIP). She currently teaches courses on comparative psychoanalysis, object relations theories, and the psychoanalysis of dreams in the MIP four-year psychoanalytic training program and the Post Graduate Fellowship Program-West. Dr. Novack is currently in private practice in Northampton, MA.

LEARNING OBJECTIVES:

At the conclusion of the program, participants will be able to:

1. Describe Winnicott's contribution to psychoanalytic considerations of destructiveness and aggression.
2. Identify and discuss clinical techniques for working through early psychic trauma and its sequelae.
3. Discuss the role of dissociation in the Relational model of the mind built around Self States.
4. Define the capacity for "standing in the spaces" as delineated by Bromberg.

BIBLIOGRAPHY:

- Eshel, O. (2016) The vanished last scream: Winnicott-Bion-Eigen. *IJP Open*, 3, 20, 1—32.
- Ogden, T. (2016). Destruction reconceived: On Winnicott's 'The Use of an object and relating through identifications.' *International Journal of Psychoanalysis*, 97, 5, 1245—1262.
- Winnicott, D.W. (1969) The use of an object. *The International Journal of Psychoanalysis*, 50, 711-716.
- Davies, J.M. (2018). The "Rituals" of the Relational perspective: Theoretical shifts and clinical implications. *Psychoanalytic Dialogues*, 28(6), 651-669.
- Grossmark, R. (2012). The unobtrusive relational analyst. *Psychoanalytic Dialogues*, 22(6), 629-646.
- Schwartz Cooney, A., & Sopher, R. (Eds.) (2021). *Vitalization in psychoanalysis: Perspectives on being and becoming*. London: Routledge.

**CE CREDITS:**

2.5 CE credits are available to psychologists, psychoanalysts, and social workers upon complete attendance of this intermediate level event. 2.5 CEUs are offered to LMHCs.

Confidentiality and WMAAPP Policy

In order to protect the confidentiality of the clinical material, and to adhere to APA ethical guidelines, it is required that those attending the program be either currently licensed mental health professionals, psychoanalysts, or currently matriculated students in mental health programs (psychology, social work, psychiatry, psychoanalysis). Students are required to provide the name of their program. There will be no exceptions.

Division 39 is committed to accessibility and nondiscrimination in its continuing education activities.

Division 39 is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during the discussion periods. If participants have special needs, we will attempt to accommodate them.

Please address questions, concerns or complaints to: Judith Rosenberger. at 917-459-3432.

PROGRAM REGISTRATION - Psychodynamic
Psychotherapy: One Clinical Process Considered
From Multiple Theoretical Perspectives
(Please print)

Name _____

Degree _____ License # _____

Address _____

City/State/Zip _____

Phone (Day) _____

Cell _____

Email _____

For Students Only:

Training Program _____

Student ID # _____

PROGRAM FEES:

This program, including CEUs are free of charge

WMAAPP Membership Dues:

Full \$60.00 _____

Associate \$60.00 _____

Student \$10.00 _____

TOTAL ENCLOSED: \$ _____

Membership period:

January 1, 2022 - December 31, 2022

To join WMAAPP, make check payable to:

WMAAPP and return with this form to:

Cindy Racine
376 Old Columbia St.
Adams, MA 01220

Financial assistance is available
upon request

Registration is also available @

www.wmaapp.org