

Zoom Gathering—9:00 am
Presentation—9:30 am—12:00 pm

Topic

This presentation addresses the challenges met when working with patients who cannot “work together” with an analyst, who are not sufficiently able to symbolize and mentalize. We will address both patients who suffer disturbances in the area of self-other definition, continuity and regulation of self, as well as patients who can appear to be more related and reflective, but harbor sequestered self states that are dominated by areas of unrepresented and unsymbolized trauma and neglect.

This presentation will present the position of the unobtrusive relational analyst who companions the patient in the emergence of illusion, fragmentation and non-relatedness and privileges the inner world of the patient that becomes the signature and defining sculptor of the clinical interaction and process.

Unrepresented and unformulated trauma and neglect announce themselves in the flow of mutual enactive engagement and rather than seek to move the patient into greater relatedness and, insight, the analyst companions the patient in the emergence of yet to be known and thought narratives of trauma and fragmentation. The tilt is toward an ontological position that privileges being-with the patient here rather than epistemological where meaning can be symbolized and interpreted.

About the Presenter

Robert Grossmark, Ph.D., ABPP is a psychoanalyst in New York City. He works with individuals, couples and groups. He is on the teaching and supervising faculty at the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, The National Institute for the Psychotherapies Program in Adult Psychoanalysis, The National Training Program in Psychoanalysis, The Eastern Group Psychotherapy Society Training Program, and lectures at other psychoanalytic institutes and clinical psychology training program nationally and internationally.

Dr. Grossmark is author of *The Unobtrusive Relational Analyst: Explorations in Psychoanalytic Companionship* and co-edited *The One and the Many: Relational Approaches to Group Psychotherapy and Heterosexual Masculinities: Contemporary Perspectives from Psychoanalytic Gender Theory*. All of these works are published by Routledge, Taylor & Francis.

Bibliography

Grossmark, R. (2012). The Unobtrusive Relational Analyst, *Psychoanalytic Dialogues*, 22:629-646.

Grossmark, R. (2012). The Flow of Enactive Engagement, *Contemporary Psychoanalysis*, 48, 3, 287-300.

Grossmark, R. (2016). Psychoanalytic Companionship, *Psychoanalytic Dialogues*, 26:698-712.

Grossmark, R. (2018). Enactment: The Total Situation in *The Unobtrusive Relational Analyst: Explorations in Psychoanalytic Companionship*, Routledge.

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Sponsorship and Continuing Education



2.5 CE credits are available to psychologists and psychoanalysts, and 2.5 CE credits will be provided for social workers and LMHCs.

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Division 39 is committed to accessibility and non-discrimination in its continuing education activities. Division 39 is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during the discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns or any complaints to Judith Rosenberger, Ph.D., LCSW (917) 459-3432.

WMAAPP is the local chapter of Division 39 (Psychoanalysis) of the American Psychological Association. WMAAPP is committed to following APA ethical guidelines.

Learning Objectives

After attending this intermediate-level program, participants will be able:

1. To develop an appreciation of a psychoanalysis that can work in the area of non-symbolized and non-represented phenomena.
2. To bring themselves to the treatment while unobtrusively maintaining the space for the patient's inner reality.
3. To orient themselves in entering the patient's world rather than bringing the patient into his or her world.

WMAAPP

Western Massachusetts and Albany
Association for Psychoanalytic Psychology

presents:

**Robert Grossmark,
Ph.D., ABPP**

*The Unobtrusive Relational
Analyst, Enactment and
Narrative: The Shift from
Epistemology to Ontology
in Psychoanalysis*

Saturday September 25, 2021
9:00 am—Zoom Gathering
9:30 am — 12 pm — Presentation

location:

Zoom

**A link will be
emailed upon
registration.**

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